

FREE, LIMITED EDITION BOOK-when you order Optimize now!

“500 Asian Health Secrets for Men” by Martin Smith, M.D.

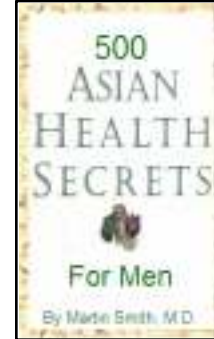
Learn 500 proven and easy, secret healing tips from ancient Asian civilizations to lose

at least 5 pounds, have better sex and fight heart disease right now!

Imagine looking in the mirror in only 1 month and seeing a slimmer, healthier and sexier you!

- Now you can show off your, sexy, six-pack abs at the beach...
- You can learn new positions for optimal, sexual experiences...
- You can stop worrying about hair loss...
- You can avoid catching the latest cold and flu symptoms entirely...

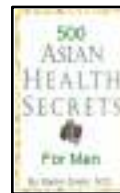
This can be your reality! Thanks to the secrets recently uncovered by Dr. Martin Smith in his extensive, worldwide research, now you too can know what the longest living culture in the world has known for centuries...easy exercises and foods that will help you lose weight, boost your immune systems and improve overall physical and mental performance!



To learn more, please turn over...

Lose 2 pounds a week or more without dieting, suffer less illness, gain strength, have more energy and feel healthier with these fascinating and easy methods including:

- 9 fat-burning exercises you can do lying in bed that will increase your metabolism by 50%.
- The one ingredient that will stop hair loss-and it's probably in your kitchen right now!
- Add this common food to your evening meal, and see significant memory improvement immediately!
- 2 easy movements that will double your muscle mass in 14 days.
- The 30-second movement that can increase the size of your penis in 5 days!
- 3 simple positions that will increase the excitement of your sexual experiences!



Dr. Martin's exclusive book of secret health tips is easily worth \$25.00, but it's not available in bookstores. Instead, it's yours FREE just for ordering Optimize vitamins right now. But don't delay if you want to know the secrets right away! Only a limited number of books have been printed for immediate delivery!

The friendly Optimize staff is standing by to take your order: **1-800-Optimiz (800-678-4649)**

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