

# I used to laugh at those “before and after” photos, until I was looking at my own!

Dear Mike,

After I got laid off at work, I had a really hard time finding a new job as a carpenter. I started lying around the house all day, eating junk food and playing video games. I was really depressed. My weight skyrocketed to 285 pounds. I had absolutely no energy to play with my kids, have sex with my wife or even look for a job.

But then my friend Bill came to the rescue. He told me Optimize vitamins had really helped him get fit and have more energy. He gave me a sample. And trust me, I was pretty skeptical, but I had nothing to lose.

Then, things changed. After only a couple of days, I noticed that I felt happier and didn't want to sleep as much. Instead of sitting around the house, I wanted to do things. I didn't want to eat as many sweets. It was really strange...I couldn't believe the vitamins were working, but they were. I suddenly felt like a kid on Christmas and that the possibilities were endless...and it turns out they were.

Only 7 months after taking Optimize vitamins, I lost 85 pounds and 15" from my waist. I created my own successful carpentry business, and now I'm the boss. Best of all, I have the energy and strength to play with my kids and have fun in the bedroom with my wife.

Thanks to Optimize, I have a new, meaningful life. So don't laugh at those “before and after” photos. If you take Optimize vitamins, you just may be looking at your own!



**The friendly Optimize staff is standing by to take your order:**

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